



**Alzheimer's of
Central Alabama**
Helping Local Families since 1991

2025 Annual Report

Alzheimer's of Central Alabama (ACA) is a local organization providing education, services, advocacy, and research for caregivers and people living with Alzheimer's disease in Alabama. The heart of what we do is help families provide care for their loved one at home.

Regardless of a family's social or economic status, the first line of defense when faced with a diagnosis of dementia is education. We provided the following education in **2025**:

- **Dementia Community news** emailed weekly to more than 1,200 families and professionals.
- **Website**, www.alzca.org, received over 28,000 page views from more than 11,000 visitors.
- **Telephone counseling** available for families and professionals.
- **Zoom support group** meeting weekly.
- **Community education programs** addressing the latest news on research, prevention, care, and strategies for caregiver health.
- **Weekly activity packets** mailed out with art, games, and jokes.
- **Movement classes** provided for 3 Jefferson County adult day care centers.
- **Lindy Harrell Predoctoral Scholars in Alzheimer's Disease Research at UAB** funded two graduate students.

Alzheimer's of Central Alabama served 370 people living with dementia in 19 Alabama counties in 2025 with the basics of good care, including respite, nutrition and continence care. These individuals are elderly with 42% of those on respite scholarships and 51% of those receiving continence care over age 80. They are among the most impoverished – about 23% have incomes less than \$999 a month; another 31% have incomes less than \$1,499. The help we supply is ongoing because dementia care can be a long journey. Our programs include:

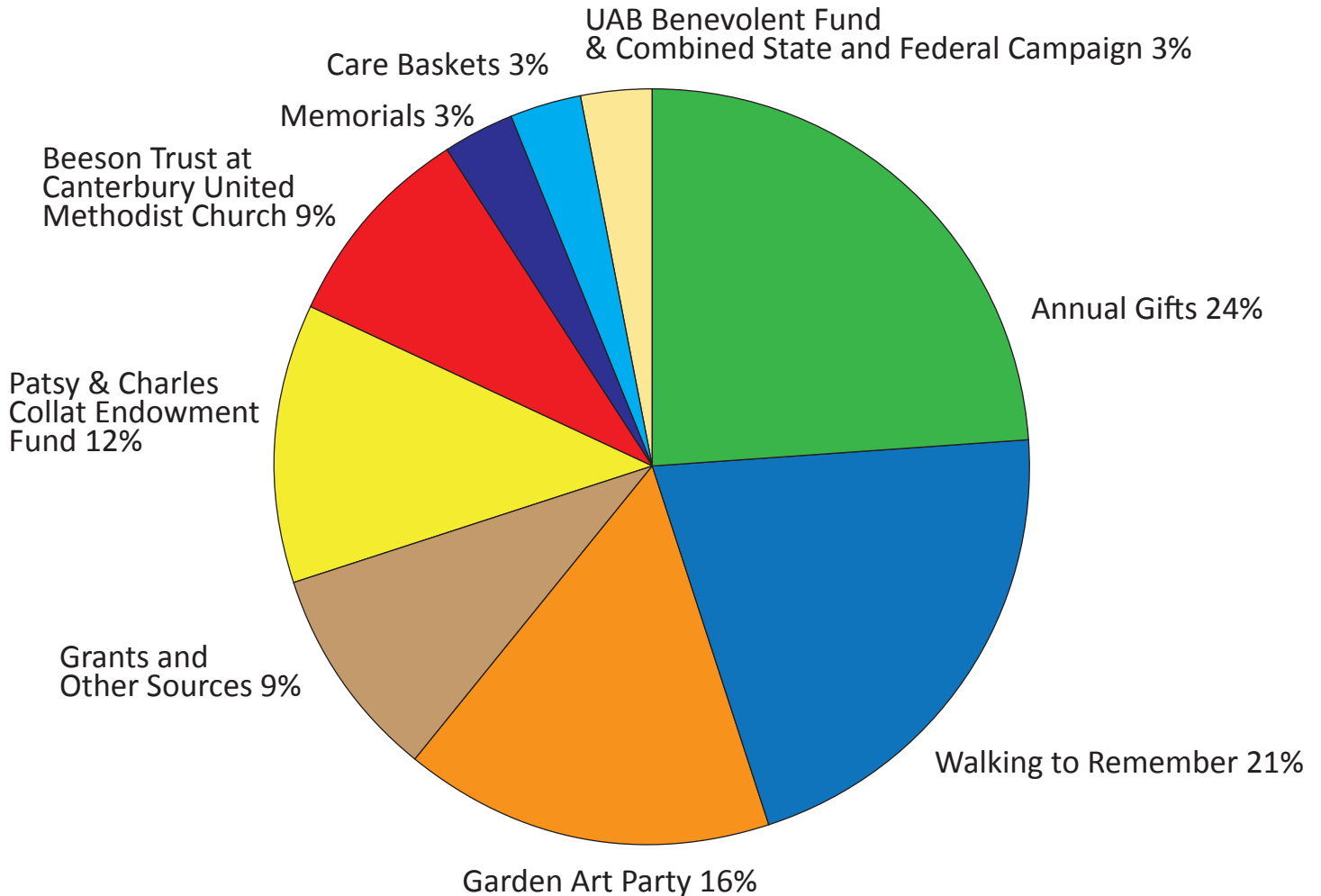
- **Project Lifesaver**, a partnership with Jefferson County Sheriff's department, provides bracelets with a radio tracking signal for people living with Alzheimer's who are at risk of wandering. Sixty-two people at risk of wandering wore a Project Lifesaver bracelet in 2025.
- **Respite Scholarships**, allowing a person living with Alzheimer's to attend the day care center of their family's choice. Currently, 77 people living with dementia have scholarships of \$300 per month. In 2025, a total of 113 families were served, including 41 families new to the program.
- **Continence Care Scholarships**, providing home delivery of products essential for good hygiene each month. Products include adult diapers, pull-ups, bed pads, gloves, and wipes— with an average cost of \$109. Currently 145 people are receiving monthly products. A total of 195 families were served and 53 new families were added to the program.
- **Nutritional supplements** including Ensure and Glucerna, delivered to the home each month for 135 families in 2025. The cost varies from \$44 - \$71 a month.
- **Care Baskets** of staples, food, and supplies delivered by ACA volunteers to 84 needy families for Easter, 4th of July and Christmas.

Services Available Statewide

300 Office Park Drive, Suite 225 • Birmingham, Alabama 35223 • 205.871.7970 • alzca.org

Alzheimer's of Central Alabama

\$929,684 raised in 2025



* Walking to Remember and Garden Art Party revenue includes support from our 2025 Corporate Partners: Alabama Family Trust, Always Best Care, BlueCross BlueShield of Alabama, Bob and Patsy Straka, Cornerstone Caregiving, Home Instead, Kirkwood by the River, LAH Sotheby's, LifeCare Solutions, Noland Health Services, and Visiting Angels.

** With the support of the Junior Board, ACA has raised \$50,000 annually to fund the Lindy Harrell Predoctoral Scholars in Alzheimer's Disease research at UAB since 2019. This revenue is not included here.

Upcoming Events

Garden Art Party: May 9th 2026
Glow for a Cure Night Golf Tournament: June 26, 2026
Walking to Remember: November 7, 2026