



Friendship Place

A Place of Compassion, Hope and Friendship

What a typical day at Friendship Place will look like:

10:00 – 10:15 am	Arrival, coffee, socialization
10:15 – 11:15 am	Brain fitness (trivia, brainstorming, creative writing) followed by physical fitness
11:15 am – 12noon	Music, Art, hand-eye coordination activities
12 noon – 12:45 pm	Family style meal (lunch and dessert)
12:45 pm – 1:15 pm	Physical Activities
1:15 pm – 2:00 pm	Brain stimulation followed by music

Friendship Place provides no medical or nursing care and no medication administration.

At Friendship Place, volunteers will be paired one-on-one with Friends to build strong and personal relationships and aid in stimulation and engage in conversations and activities. Our volunteers will be coached on building self-esteem amongst our friends. The program will be offered on Tuesdays and Thursdays starting Tuesday January 28th.

Please come and visit us at least once, it can change your world!

Care for the loved one.

This ministry will provide fellowship and stimulation for people who have memory loss due to Alzheimer's, dementia, Parkinsons, or stroke. Trained professionals and volunteers provide supervision, lead activities, and serve a nutritious lunch. Participants will have the opportunity to socialize with others while enjoying a variety of stimulating activities:

- Music and Dance
- Exercise
- Bible Study
- Arts and Crafts
- Intergenerational Activities
- Pet Assisted Therapy
- Service Projects
- Enrollment is available at an affordable cost.
- Participants may choose to come one or more days.

Care for the caregivers.

Caring for a family member or loved one is gratifying, but it is also challenging. Friendship Place is designed to relieve the caregivers for free time so they can:

- Run Errands
- Take care of business
- Relax

Caregivers enjoy peace of mind knowing their loved ones are cared for in a safe and caring environment.

If you are interested in enrolling your loved one, please contact Melinda Knepper at

(205) 884-0877 or

director.friendshipplace@gmail.com

Friendship Place at St. Simon Peter
Episcopal Church
3702 Mays Bend Road, Pell City, AL 35128



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